

31 July 2008

**This meet will be swum under SNZ Regulations with the specific conditions & criteria:**

- Age as at 21<sup>st</sup> February 2009.
- The qualifying period is from 16<sup>th</sup> February 2008 to 1<sup>st</sup> February 2009.
- The age groups to be swum for both male and female are 10 years and under, 11 years and 12 years.
- Relays will be regional and swum as 12 years and under.
- Individual entry times may be verified against the SNZ Results Database. Performances from regional and local competitions not held within the Results Database may not be eligible for entry to national competitions.
- The qualifying times shown are 50 metre times. Qualifying times swum in pools other than 50m must be converted using the SNZ Conversions.
- Swimmers may enter one (1) unqualified 50m, 100m or 200m event. Only qualified swimmers may swim 400m events.
- All events shall be swum as timed-finals in age groups.
- SNZ Regulation 2.10 regarding over the top starts in timed-finals may not apply at the discretion of, and subject to prior approval of SNZ.
- All entries must include swimmer details and times. The swimmers declared entry time shall be the fastest official time swum in the qualifying period. All relay entries must include swimmers' names whose times were used to produce the entry time. Only swimmers who have met at least one required individual qualifying standard may be entered in relay events.
- No international visitor entries allowed.
- All participants must agree to comply with the Sports Anti-Doping Rules.

#### ENTRIES

**REGIONAL ASSOCIATIONS** must submit entries for SNZ members. No club entries are permitted. **CLUBS** entries and fees are to be submitted to their **REGIONAL ASSOCIATION**.

**CLUBS** need to check with their **REGIONAL ASSOCIATION** for their entry closing dates.

Entries close for **REGIONAL ASSOCIATIONS** with Swimming New Zealand **12 MIDNIGHT on THURSDAY 5<sup>th</sup> FEBRUARY 2009**. Late entries will NOT be accepted.

**NO REFUNDS** for any withdrawals (including medical) will be given once entries have closed.

Entries to be submitted by **REGIONAL ASSOCIATIONS** as a cfile or hyv file. Entries to be emailed to [events@swimmingnz.org.nz](mailto:events@swimmingnz.org.nz) and should include

- Entries by swimmer with proof of time – word format
- Entry fee summary – word format
- Relay names report
- Regional Coaches and Managers Form

Entry fees are \$12.50 individual events and \$25.00 relay events. Entry fees from **REGIONAL ASSOCIATIONS** to be sent to Swimming New Zealand, P.O. Box 38346, Wellington 5012

#### PSYCH SHEETS

**NORTH, CENTRAL AND SOUTH VENUE PSYCH SHEETS** will be posted on the Swimming New Zealand website on **FRIDAY 6<sup>th</sup> FEBRUARY 2009**.

Corrections to the psych sheets are to be sent to [events@swimmingnz.org.nz](mailto:events@swimmingnz.org.nz) by **12 MIDNIGHT TUESDAY 10<sup>th</sup> FEBRUARY 2009**.

**FINAL NATIONAL AND NORTH, CENTRAL AND SOUTH VENUE PSYCH SHEETS** will be posted on the Swimming New Zealand website on **WEDNESDAY 11<sup>th</sup> FEBRUARY 2009**.

31 July 2008

### 50m Qualifying Times

Male				Female			
10 & U	11 yr	12 yr	12 & U	10 & U	11 yr	12 yr	12 & U
<b>FREESTYLE</b>							
36.75	34.00	32.20		50	36.80	34.00	32.20
1:20.50	1:14.00	1:10.00		100	1:20.00	1:14.00	1:10.00
2:56.20	2:42.00	2:33.00		200	2:56.20	2:42.00	2:33.00
			5:25.00	400			5:25.00
<b>BACKSTROKE</b>							
42.50	39.60	37.30		50	42.30	39.60	37.70
1:31.60	1:26.00	1:20.50		100	1:31.00	1:25.50	1:21.55
3:15.00	3:02.50	2:50.75		200	3:16.60	3:04.30	2:54.50
<b>BREASTSTROKE</b>							
48.50	44.65	41.20		50	48.00	44.25	41.85
1:45.40	1:37.00	1:31.50		100	1:45.00	1:36.70	1:31.70
3:49.00	3:30.00	3:18.00		200	3:50.00	3:28.50	3:18.00
<b>BUTTERFLY</b>							
41.70	39.10	36.35		50	42.40	39.25	36.50
1:35.00	1:28.10	1:20.50		100	1:38.00	1:29.00	1:21.85
			3:10.00	200			3:15.00
<b>MEDLEY</b>							
3:20.00	3:06.00	2:54.00		200	3:20.45	3:06.00	2:54.00
			6:18.00	400			6:18.00

